

HEALTH EDUCATION
JOHN F. KENNEDY HIGH SCHOOL
CURRICULUM LETTER
Mr. Sibley
Sibley_T@auhsd.us

Dear Parents and Students:

CLASS OVERVIEW: Health Education is a **required course for graduation**. The course promotes a healthy lifestyle by developing your understanding of many factors that have an impact on your physical, mental, emotional, social, and spiritual well-being. This will aid you in maintaining and promoting your health, and making responsible decisions now and in the future. The nine major content designated by the *Health Framework for California Public Schools* and California State Content Standards for Health at the 9th grade, are as follows: ① personal health, ② nutrition, ③ physical activity, ④ alcohol, tobacco and other drugs, ⑤ injury prevention and safety, ⑥ communicable & chronic diseases, ⑦ individual growth and development, family living, ⑧ environmental health and ⑨ consumer & community health.

TEXTBOOK: *Health*. Bronson, Merki, Cleary, Middleton, Zike. Glencoe 2005.

SUPPLIES: Our class will be involved in many diverse activities. Students can help ensure success by being equipped, organized, and prepared daily with the following **required** items:

- ✚ **3-Ring Binder/Notebook:** (solely dedicated to Health)—with four dividers(including: notes, corrected work, non-corrected work, daily journals)
- ✚ **Binder/Notebook Paper**
- ✚ **Black/Regular Blue Pens** (no other colors will be accepted—0 points will be assigned)
- ✚ **#2 or Mechanical/Lead Pencils**

It is your responsibility to have these items. Your classmates and the teacher will NOT provide you with any of these items. Be prepared!

HOMEWORK/MAKE-UP POLICY: Attendance is extremely important, students will lose participation points when absent. Depending on the circumstance of the absence, make-up work may or may not be available. If make-up work is available, the student will have to do so within a reasonable time as determined by the teacher. It is the student's responsibility to keep track of their missed assignments.

GRADING POLICY:

- ✚ **Class participation**—All students will be expected to attend class on a daily and actively listen and participate in class discussions and activities.
- ✚ **Daily Journals (DJ)**—Each day there will be a writing topic, question, or task on the board. Students are expected to begin immediately while attendance is being taken. Daily Journals will be collected every two weeks. Three (3) points will be given for each **complete** daily journal. In order to receive full credit, you must write three (3) complete sentences.
- ✚ **Homework/Classwork**—all students will be expected to satisfactorily complete all assignments. Failure to submit assignments will result in a zero (0) for that assignment and a one-hour detention. ALWAYS turn in homework on time! Homework will **only** be accepted one day late (with point deductions). There are certain assignments and projects that will not be accepted late (example: final notebook).
- ✚ **Exams/Quizzes**—Exams and quizzes will be based on class discussions, textbook readings, lectures, class activities, assignments, and audio-visual reflections (i.e. notes/writing). An exam review will be available online.
- ✚ **Health Binder/Notebook**—All worksheets (corrected and non-corrected), handouts, and notes shall be kept in a 3-ring binder. **Do not throw anything away!** The binder will be turned in at the end of the semester for 50 points. Random checks will occur throughout the semester. (Page 1: Title Page ~ Page 2: Curriculum Letter (this paper))
- ✚ **Effort**—Students are expected to do their personal best everyday. Exceptional effort can raise your grade.
- ✚ **Extra Credit**—There will be various extra credit assignments throughout the semester (refer to *Extra Credit Options* handout). A maximum of 100 points can be earned
- ✚ **Points** will be assigned and a traditional grading scale will be used.(90% -100% **A**; 80%-89% **B**; 70%-79% **C**; 60% -69% **D**)

CONFERENCE PERIOD: If you have any questions, please feel free to call (714) 220-4101 and leave a message. My conference period is from 7:55 AM to 8:50 AM. I will return your call as soon as possible. You may also e-mail me at Sibley_t@auhsd.us.

Sincerely,

Tom Sibley

Mr. Tom Sibley, M.Ed.

Return to Mr. Sibley

We have read and understand the curriculum, course requirements and expectations of this class.

Print Student's Name: _____

Student Signature: _____

Parent/Guardian Signature: _____

Parent/Guardian e-mail: _____

Note to Students:

Please sign **this page** and the **Human Reproduction Instruction & Sexually Transmitted Diseases Instruction form**. If they are both turned in tomorrow you will receive 5 points of Extra Credit.

Do not throw this paper away. Keep it in your Health Binder/Notebook (page 2) the entire semester.

Note to Parents:

Please include any comments, concerns, and/or special considerations you think we should know about.
